

#### COMPLETE THE FOUR ACTIVITIES FOR THIS TOPIC THROUGHOUT THE COURSE OF THE MONTH.

### **Activity #1**

Ask yourself this question, "Do you think you work better on your own or in a group?"

Several studies have verified that working in a group enhances an individual's talents and abilities more than on one's own. Working in a group brings out the best in one another. It encourages creativity and new ideas as well as helps us to think outside of the box. Some instances of working together might be on a project to brainstorm and share ideas, assisting each other in preparing and cooking meals, assisting each other with loading or unloading product from trucks, etc. Challenge yourself this week to take the initiative to help a fellow team member with their task.

Remember, always offer help more than you ask for help.

### **Activity #2**

There are a number of characteristics that make a team member a great "team player."

What are some qualities you might see in a team member that is reliable and cooperates well with others? Share specific examples.

Reliable team members are those whom you can always count on to do their part, be on time and work every day they are scheduled. They follow through on their assignments and cooperate well with others to accomplish the common goal – serving our customers.

Discuss specific examples that pertain to your team and location.

## **Activity #3**

What are some ways we can communicate effectively with each other and actively participate as a team player?

Teamwork is meant to be social; however, we must communicate effectively and positively. Part of this is being a great listener.

Share some tips with each other on how you and your fellow team members specifically can communicate more effectively and actively participate as a team player.

# **Activity #4**

Flexibility and commitment are also important characteristics for team members to possess when operating as a team.

In our business, we experience ever changing situations; customers change their orders, project goals and dates of expected completion are modified, menus are rotated and product innovation keeps us on our toes! We must remain flexible and committed to the team.

How does flexibility and commitment support a team's best effort? Share specific examples.