



BE INSPIRED. BE PASSIONATE.

American musician Marc Anthony noted, "Do what you love, and you'll never work another day in your life."

How does one love his or her work? Start by knowing that each day the work you do is important and valuable. Realizing your contributions truly matter can help make working more fulfilling and meaningful. At the end of the day, be inspired by feeling satisfied with the positive impact you made.

Passion is contagious. Be enthusiastic, show and share your excitement with everyone!

"Most folks are about as happy as they make up their minds to be."

- Abraham Lincoln, 16th President of the United States



set **High standards**
 express **Empathy**
 show **Respect**
 display **Optimism**
 be **Effective**
 find **Solutions**

Download this poster, find activities and resources on our new training website! This month, tell us why you love your job!
AVIServes.com/Hospitality



AVI FOODSYSTEMS^{LLC}
 THE FAMILY DIFFERENCE IN HOSPITALITY SERVICES

March
 2018

COMPLETE THE FOUR ACTIVITIES FOR THIS TOPIC THROUGHOUT THE COURSE OF THE MONTH.

Activity #1

Review the Hospitality Training poster for the month of March.

No matter which position you hold within the company, if you have a great attitude and see each day as a path for learning you will find much more opportunity and happiness. How do you become encouraged and motivated? Only you can find the answer inside yourself.

Try these tips:
Find a quiet spot.
Reflect.

Write down things you are passionate about.
Find clarity!

Don't let the rush of the day and your "to-do" list get ahead of finding your purpose.

Activity #3

Passion is contagious so share it! Feel very proud of what you do for your guests. It's not enough to feel the excitement — you need to demonstrate it. How? One way to show passion is to speak with energy in your voice. Be a cheerleader amongst your team by speaking confidently and with commitment. Your customers and guests will notice and appreciate it!

What is a common phrase you say to customers regularly? Practice saying those words with your team using an energetic, enthusiastic and self-confident tone of voice. It makes a difference!

Activity #2

It is up to you to bring a positive attitude to work each day. An inspiring attitude is a direct reflection of your passion. Here are ways to stay excited about what you do:

- **Look for new learning opportunities at work:**
Partner with more experienced team members. Ask questions and look for new chances to expand your development.
- **Get involved:**
Participating in special occasions, celebrations and projects can reignite your drive and purpose.
- **Look for the good in each day:**
Keep focused on the positives as well as things you can change. Be a winner.

Amongst the team, share what you love about your work and share a passion you have outside of work.

Activity #4

What do you enter over and over to access your email, a web address, your phone or your personal banking account? Your password of course! Since you use it frequently, why not make it a positive affirmation? It can serve as a powerful tool to reinforce your best feelings about yourself. A meaningful word or words of encouragement ringing in your ears can help you experience a favorable reaction. A positive response can lead to your passionate outlook on life.

Example password messages can include:

"I am the best,"
"Wonderful me,"
"Life is great,"
"I rock."

If you have a goal that you are passionate about, try forming your password around that concept.